



**SARATOGA COUNTY OFFICE FOR THE AGING-August 2016**  
**HOME DELIVERED MEALS 363-4020 or 363-4033**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b> Hamburger w/Mushroom Gravy Mashed Potatoes Beets Pears	<b>2</b> Baked Fish w/Lemon Pepper Sauce Orzo Pasta Spinach Tropical Fruit	<b>3</b> Chicken Salad Cold Plate Macaroni Salad Carrot Raisin Salad Fresh Plum	<b>4</b> BBQ Pork Sweet Potato Pieces Steamed Cabbage Applesauce	<b>5</b> Chicken Alfredo Pasta Peas Pears
<b>8</b> Goulash Green Beans Mexican Corn Pineapple	<b>9</b> Chicken & Biscuit Brussels Sprouts Peaches	<b>10</b> Baked Ziti w/Meat Sauce Capri vegetables Wax Beans Mandarin Oranges	<b>11</b> Swiss Steak Buttered Noodles Coin Carrots Berry Crisp	<b>12</b> Hawaiian Pork Brown Rice Oriental Vegetables Shortbread Cookie
<b>15</b> Chicken Cacciatore Pasta w/Sauce Broccoli & Cauliflower Fruit Cocktail	<b>16</b> Cheese Omelet O'Brien Potatoes Blueberry Muffin Warm Spiced Pears	<b>17</b> Yankee Pot Roast Mashed Potatoes Mixed Vegetables Fruit Jell O	<b>18</b> Stuffed Shells California Blend Vegetables Green Beans Apricots	<b>19</b> Chicken w/Gravy Brown Rice Spinach Tropical Fruit
<b>22</b> Mrs. Friday's Fish Macaroni & Cheese Zucchini & Tomatoes Pears	<b>23</b> Chicken Ranch Salad w/Ranch Dressing Croutons Beet Salad Dinner Roll Nectarine	<b>24</b> <b>Birthday Special</b>  Roast Pork w/Gravy Mashed Potatoes Peas and Carrots Cake w/Frosting	<b>25</b> Breaded Baked Chicken Buttered Noodles Capri Vegetables Mandarin Oranges	<b>26</b> Home-style Meatloaf w/Brown Gravy Baked Potato w/Sour Cream Succotash Apricots
<b>29</b> Baked Lemon Chicken Orzo Pasta Peas Peaches	<b>30</b> Fish Florentine Brown Rice Seasonal Vegetable Medley Pears	<b>31</b> Turkey w/Gravy Mashed Potatoes Broccoli Applesauce		

**Menu Subject To Change**

Coffee, Tea and Margarine are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Prestige Services, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**